

National Diabetes Prevention Programme – Covid-19 Update

Due to the Coronavirus (COVID-19) Pandemic, REED Wellbeing have temporarily stopped facilitating face to face sessions in line with national guidance. **However, the programme is still available to help and support eligible patients aiming to reduce their risk of developing Type 2 diabetes.**

Eligible patients can still benefit from this free programme so referrals can be made as usual through Primary Care. REED Wellbeing will explain the current delivery options available to patients and discuss how to best meet their requirements, whether this be by telephone or online.

Patients can also see if they may be at high risk of Type 2 diabetes by using the At Risk tool here - www.diabetes.org.uk/risk

The eligible criteria for a referral is detailed below;

- Are aged over 18
- Not pregnant at referral
- Blood glucose level in the past 12 months that indicates prediabetes (HbA1c 42-47mmol/mol; FPG 5.5 – 6.9mmol/l)
- No subsequent diagnosis of Type 2 Diabetes

Patients can be referred to REED Wellbeing using this form and by emailing it to: healthieryou.syandb@nhs.net



NDPP Referral Form - with logo FINAL.docx



NDPP Invitation Generic Mailshot Marc

Where capacity allows practices are encouraged to run clinical searches to capture all eligible patients who may be able to access the programme if they have had a blood test within the last 12 months which has deemed them at risk. I have embedded a template letter which can be sent to patients who are eligible from the searches, that is about offering to them the opportunity to take up the programme.

If there are any queries or any further support which would be helpful, please do not hesitate to contact the SYB Diabetes Prevention Programme Facilitators via the details below:

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