# Setting up electronic Repeat Dispensing (eRD) Using Maximum Issues

# Do's / Don'ts

<u>Do</u>	<u>Don't</u>		
Agree a plan that your whole team understands	Switch large numbers of patients over quickly		
	without a plan or discussing with patients		
Speak to your local pharmacies / LPC and	Start with patients who are taking a large		
discuss how best to make the switch	number of repeats		
Make sure you have a way to communicate to	Delegate to a junior member of staff without		
patients	support or supervision		
Start slowly and make sure it's working well,	Forget if you put everyone on eRD for 6 / 12		
and processes are robust before adding more	months there will be a lot of patients who need		
patients on to eRD	reviewing at the same time in 6 / 12 months' time		
Review the process after a day or two with local	Put PRNs (when required medications) on		
pharmacies	repeat dispensing – patients will still need to		
	order these items when required		
Remember if you set everyone up at once –	Put high risk drugs on eRD		
there will be a large amount of reviews due at			
the same time e.g. 6 / 12 months' time			
Set up eRDs to coincide with review dates /			
Blood Monitoring Schedules (Sheffield CCG			
intranet / Medicines & Prescribing / Sheffield			
Formulary / Common Blood Monitoring			
Schedules)			
Name an eRD lead / champion(s) in both the			
pharmacy and the GP practice to ensure one			
point of contact			
Ensure medications are ETP compliant before			
issuing			
Have <b>explicit</b> consent from the patient (even if			
this is verbal). This must be documented in the			
patient's record and the following read			
(SNOMED) code added: "Patient consent for			
repeat dispensing" XaKRX (416224003). It is			
good practice to enter the read (SNOMED) code			
each time the RD is set up (for reporting			
purposes).			
Document if the patient does <b>not</b> consent to			
repeat dispensing: "Repeat dispensing services			
declined" XaXoR (78387100000107)			

## **Appropriate drugs**

Before proceeding assess whether the medication(s) are appropriate for electronic repeat dispensing (eRD).

Things to consider when initiating eRD

#### Patients suitable for eRD

- On stable medication
- Simple regimen
- Taking no more than 4 oral medications
- Taking the same medications for the last year
- Have an up to date medication review (or refer for a review if deemed suitable)

#### **Patients NOT suitable for eRD**

- Patients on 4 or more medications
- Patients with frequent changes to drug therapy
- Terminal illness
- Controlled drugs

## **Medications NOT suitable for eRD**

- High risk drugs (unless the practice has a strict protocol for review which is tied in with monitoring procedures)
- Inhalers
- When required medications such as creams, GTN sprays, seasonal medication

#### Other things to consider

- Does the practice have a SOP for initiating and reviewing patients who are deemed appropriate for eRD
- Do the pharmacy communicate to the GP practice when they have not dispensed a medication for the patient is this recorded / cancelled on the patient's record

#### eRD for practices using medication review dates

- 1. You must have appropriate access rights and authorisation to carry out repeat dispensing
- 2. Pharmacy process establish the pharmacy process
  - Do the pharmacy keep eRDs separate?
  - When the pharmacy downloads eRD prescriptions do they dispense them automatically or do they wait for the patient to contact them prior to dispensing?
  - How do the pharmacy inform the GP practice when a patient does not want their medication it is important that non-compliance of medications is recorded on the practices clinical system and the reason why the patient did not require their regular medication.

The pharmacy process will need explaining to the patient.

- 3. As a practice decide how long you will be setting the eRD up for e.g. 6 months or 12 months' supply
- 4. Consider how many days' supply the patient currently gets

Drug	Directions	Quantity	Issue duration	Days' supply	Number of eRDs for 6 months	Number of eRDs for 12 months
Levothyroxine 25mcg	Take ONE daily	28	28	28	6	12
Levothyroxine 25mcg	Take ONE daily	56	56	56	3	6
Levothyroxine 25mcg	Take ONE daily	84	84	84	2	4
Enalapril 2.5mg	Take ONE twice a day	56	28	28	6	12
Enalapril 2.5mg	Take ONE twice a day	112	56	56	3	6
Enalapril 2.5mg	Take ONE twice a day	224	84	84	2	4

#### 5. Medication Review

Ensure all medication that are to be repeat dispensed have the same medication review date/ issue duration e.g. if the patient has some medications that are for 28 days' supply and some that are 56 days' supply you will need to adjust all medication so that the number of days supplied are the same.

If the medication review is due – the medications must be reviewed and re-authorised BEFORE the patient can be initiated on eRD.

The medication can NOT be issued past the review date.

Are the medications appropriate for eRD?

Is the medication ETP compliant? If not, can it be changed to an ETP compliant medication?



#### 6. Monitoring

#### **Blood Monitoring Schedules**

(Sheffield CCG intranet / Medicines & Prescribing / Sheffield Formulary / Common Blood Monitoring Schedules)

What medications are you proposing to start as an eRD. When is the patients drug monitoring due e.g. if the patient is taking levothyroxine when was the date of the thyroid function test – when is it due? Is there a recall in place? The eRD must NOT be set up to go past the monitoring schedule as the blood test may suggest a change in dose.

#### 7. Is the patient deemed as appropriate for eRD

Contact the patients and discuss with them whether they would consider eRD. Explain the process and that they will no longer need to order their medication from the GP practice. Inform them of how many months' supply they will be able to receive from the pharmacy and that when the last one is issued; they will need to contact the practice to arrange a further supply pending a medication review.

Make sure the patient is aware which medications will be on eRD and which ones (if applicable) they will need to continue to order through the GP practice such as PRN medications.

Make sure the patient is aware that if they do NOT require an item from their prescription they must inform the pharmacy (although the pharmacy should check before issuing to the patient); it is also the patient's responsibility.

If the patient does not have an active pharmacy nominated, discuss which pharmacy they wish to nominate – the patient MUST have a pharmacy nominated for eRD – otherwise the prescriptions will print. To nominate a pharmacy, select the ETP nomination button and select the pharmacy requested by the patient.





Add a read (SNOMED) code to the patients' record to say that they have agreed to nominate a pharmacy: "Consent given for electronic prescription service" XaZMS (838241000000102)

Add a read (SNOMED) code to show patient consent to eRD "Patient consent for repeat dispensing" XaKRX (416224003). It is good practice to enter the read (SNOMED) code each time the RD is set up (for reporting purposes). Make a note to record the discussion that took place.

Explain to the patient that you may contact them to review how they are getting on with eRD.

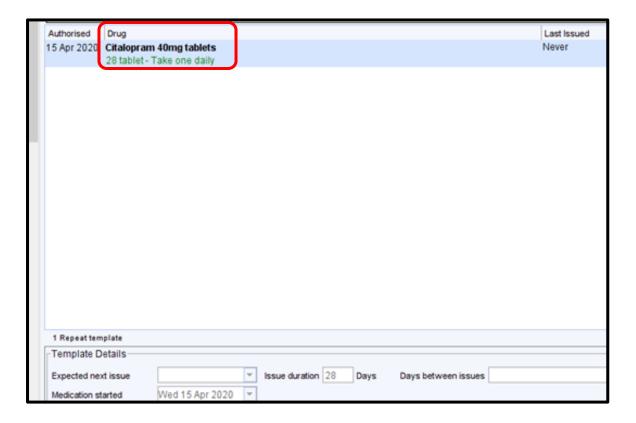
Document if the patient does not consent to repeat dispensing: "Repeat dispensing services declined" XaXoR (78387100000107)

#### 8. Medication screen

Check that everything is setup correctly.

Ensure that the issue duration etc are correct – see table in point 4

Click to highlight the medication. Check the quantity, directions and issue duration are all in line. <u>See table in point 4 for examples.</u>

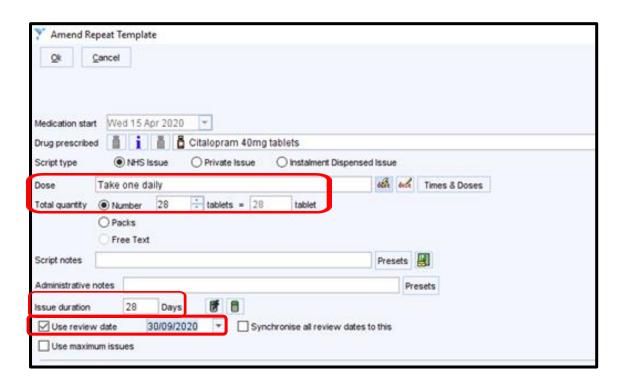


Check the medication review date – remember eRD cannot go past this date



To amend the repeat medication, click to highlight the medication and amend (click the green pencil).

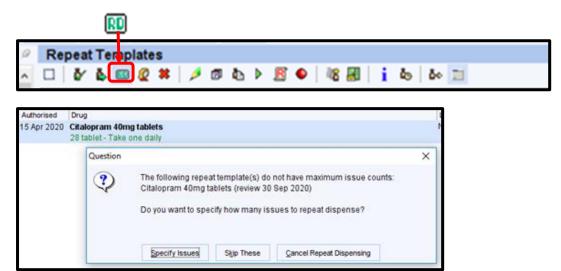




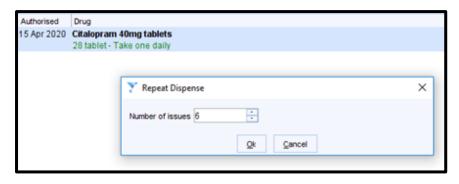
#### 9. How to set up eRD

Once you have established which items are appropriate for repeat dispensing and have gone through the steps above.

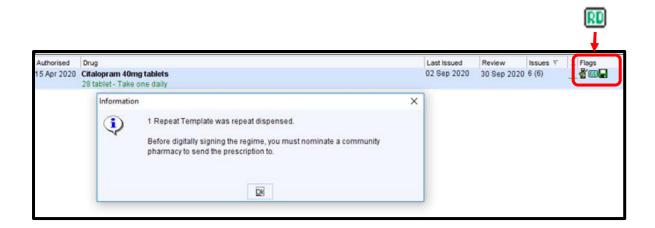
Click to highlight the medication to be repeat dispensed (for multiple items hold down the control key on the keyboard (CTRL) and click the items).



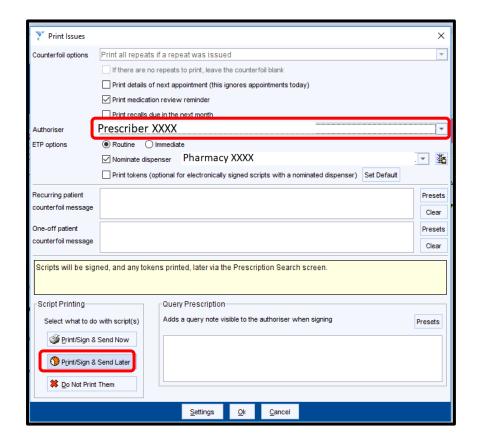
Specify the number of issues you are going to dispense (<u>refer to table in point 4 for further information if needed</u>) NB: you can NOT issue past the review date.







Press save – make sure that you amend the authoriser (if applicable) to a prescriber.



Press print / sign & send later - this will place it in the signing queue for the GP

In a couple of weeks / months review processes are working