

Ordering Inhalers - *How long should an inhaler last?*

The table below gives examples of how long a selection of common inhalers are expected to last given the dose prescribed and the device used

Steroid Inhalers

Name of inhaler	Type of device	Number of doses per inhaler	Number of doses per day	Duration of inhaler
Beclometasone  (Clenil /Qvar) all strengths	Metered dose inhaler (aerosol)	200	One puff twice daily	100 days (3 months)
			Two puffs twice daily	50 days (6 - 7 weeks)
Budesonide  100mcg 200 mcg (Pulmicort turbohaler)	Metered dose inhaler (Dry powder)	200	One puff twice daily	100 days (3 months)
			Two puffs twice daily	50 days (6 - 7 weeks)
Budesonide  400 microgram (Pulmicort turbohaler)	Metered dose inhaler (Dry powder)	100	One puff twice daily	50days (6 - 7 weeks)
			Two puffs twice daily	25 days (3 - 4 weeks)
Fluticasone  (Flixotide) all strengths	Accuhaler	60	One puff twice daily	30 days (1 month)
			Two puffs twice daily	15 days
	Evohaler	120	One puff twice daily	60 days (2 months)
			Two puffs twice daily	30 days (1 month)
Seretide  (containing fluticasone/ salmeterol) all strengths	Accuhaler	60	One puff twice daily	30 days (1month)
			Two puffs twice daily	15 days
	Evohaler	120	One puff twice daily	60 days (2 months)
			Two puffs twice daily	30 days (1 month)
Symbicort  (containing (budesonide/ formoterol)	Turbohaler 100/6 200/6	120	One puff twice daily	60 days (2 months)
			Two puffs twice daily	30 days (1 month)
	Turbohaler 400/12	60	One puff twice daily	30 days (1month)
			Two puffs twice daily	15 days

Broncodilators

Name of inhaler	Type of device	Number of doses per inhaler	Number of doses per day	Duration of inhaler
Salbutamol 	Metered dose inhaler Aerosol and Dry powder	200	Condition dependent	variable
Salmeterol (Serevent) 	Accuhaler 50 mcg	60	One puff twice daily	30 days (1 month)
	Evohaler 25mcg	120	One puff twice daily	60 days (2 months)
			Two puffs twice daily	30 days (1 month)
Tiotropium (Spiriva) 	Inhalation capsule	30	Contents of one capsule daily	30 days (1 month)

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