

Dear Dr

Patient detail

Diagnosis: As last letter on pt centre

Medication: As last letter on patient centre unless indicated please **add medication started today**

Management

plan: Training session today
Further training session in *1 week – etanercept / abatacept / tocilizumab / anakinra*
2 weeks –adalimumab / certoluzimab
1 calendar month - Golimumab

Blood monitoring in 6 weeks
Clinical Nurse specialist appointment 3 months
Consultant appointment 6 months

GP action: Please add to list of medication as Hospital only Drug – not to be dispensed locally

.... attended to commence injections as per Dr This is a biologic medication.

She/He has had the injection technique demonstrated in the *left side of his/her abdomen/ thigh* and will return again as above for further tuition.

Please note that

- If infection is present biologic treatment should be omitted until completion of antibiotics and the infection is clinically resolved
- If viral infection omit biologic treatment until 48hrs after the infection has settled or clear sample
- If the patient has recurrent infections refer back to rheumatology to review whether the biologic medication is appropriate.
- Patients receiving biologic therapy should not receive live vaccines- see link for advice <http://medical.cdn.patient.co.uk/pdf/439.pdf>
- Patients on biologic therapy should receive the influenza vaccination yearly
- Patients on biologic therapy should receive pneumococcal vaccination
- Biologic should be discontinued prior to surgery and recommenced when all wounds healed (usually 2 weeks post - surgery when sutures have been removed)
- Biologic therapy should be discontinued if cardiac failure develops or worsens (It is not recommended in NYHA 3 – 4).
- If diagnosed with cancer biologic therapy will be discontinued.

She/He has all contact numbers in case of emergency.

Please contact us on 0114 2713086 option 2 if you have any queries – this is an answerphone and is answered throughout the day, Monday to Friday. If urgent please contact the Consultant on call.

Yours sincerely