

Appendix 1: DN4 Neuropathic Pain Assessment Questionnaire

DN4 stands for Douleur Neuropathique 4

Patient assessment: Please tick the box that best describes the pain you have at present. Please give to your doctor or nurse when completed	Yes	No
<p>Question 1: Does the pain have one or more of the following characteristics?</p> <p>Burning <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Painful cold <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Electric shocks <input type="checkbox"/> Yes <input type="checkbox"/> No</p>		
<p>Question 2: Is the pain associated with one or more of the following symptoms in the same area?</p> <p>Tingling <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Pins and needles <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Numbness <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Itching <input type="checkbox"/> Yes <input type="checkbox"/> No</p>		

Clinician assessment using pin, touch and brush	Yes	No
<p>Question 3: Is the pain located in an area where the physical examination reveals one or more of the following characteristics?</p> <p>Hypoaesthesia to touch (reduced sensation) <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Hypoaesthesia to pin prick (reduced sensation) <input type="checkbox"/> Yes <input type="checkbox"/> No</p>		
<p>Question 4: In the painful area, can the pain be caused or increased by: Brushing (with a brush or cotton wool) <input type="checkbox"/> Yes <input type="checkbox"/> No</p>		

Score total: []

Yes = 1, No = 0 Score > than 4 is likely to be diagnostic of neuropathic pain