



Patient record (pain medication): This may be helpful when starting a new treatment. Documenting how you are feeling every few days will help show whether your treatment is suiting you or not. Remember to bring this with you to your next appointment.

Name of medication:								
Start date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:
Has your pain improved?								
How is your general mood? How do you feel in yourself generally?								
How are you sleeping?								
Have you been able to do any of the things that you had stopped doing because of your pain? For example: jobs around the house, work, driving, social activities, exercise & activity								
Have you had any problems with your medication?								
Have you experienced any side effects from your medication?								
Has your overall quality of life improved?								