

THE SHEFFIELD AREA PRESCRIBING GROUP

Sheffield Integrated Continence Service Adult Formulary

Guideline developed by:

Angela Stroughair, Continence Service Clinical Lead

Jill Rigby, Clinical Practice Pharmacist (Medicines Optimisation)

Date approved: June 2019

Interim minor update July 2021

Review Date: June 2022. Review date extended to June 2024

Interim review for prices: June 2022

Interim review for prices Feb 2023

Contents

Introduction.....	3
Prescribing Guidelines.....	4
Supplier Options.....	5
Short Term Foley Catheter.....	6
Catheters for Long term Use	7
Specialised Catheters.....	8
Lubricant gels to aid comfortable catheter insertion.....	9
Catheters for Intermittent Self Catheterisation	10
Single Use Catheters.....	11
Re-usable Catheters.....	13
Sterile Urine Drainage Bags – Leg Bags	14
Catheter Valves.....	15
2 Litre Urine Drainage Night Bags to Attach Directly to Leg Bags.....	16
2 Litre Urine Drainable Night Bags to Attach Directly to Catheter.....	17
Catheter Draining Suspensory Systems	19
Non-sterile Sheath Drainage Leg Bags	22
Anal Plug	23
Faecal Collector.....	23
Anal Irrigation System.....	24
Prescription Urinals.....	26
Catheter Maintenance Products.....	27
Bladder Infusion Kit.....	28
Prescribing Guidelines for Continence Appliances.....	29

Introduction

Objectives of formulary:

- The goal is to simplify prescribing of continence prescription appliance products across NHS Sheffield CCG. This will involve good quality, effective products. Choices have been balanced gauging effectiveness and value for money.
- The formulary of products has been selected by balancing patient requirements, commonly used products, and the NHS Sheffield CCG Medicines Management Team premise that 80% of patients in the community will find the products chosen quite satisfactory for their needs. This is a guideline; therefore, patient and carer's clinical needs may be accommodated if the suggested products are not satisfactory. Prescribers and other professionals need to be aware of alternative options for when the baseline formulary is found to not be appropriate.
- The products have been chosen based on experience and collaboration between the Continence Advisory Service (CAS), the Care Homes Team, Community Nurses, and the Medicines Optimisation Team.

Prescribing Guidelines

When prescribing, ensure details are accurate and include:

- Manufacturer and brand
- Drug Tariff order codes
- Correct size and length
- Type
- Quantity: see comment box on charts to identify ordering volumes. Aim to provide products to last a month
- Gender, for when prescribing catheters as accuracy of the length is essential.

Making choices for patients and their carers should involve a holistic assessment taking into consideration physical, psychological, social, and religious or faith beliefs and sexuality. Therefore, this needs to be a collaborative process based on informed consent, dignity, respect, and patient's clinical needs. This is inclusive of infection control guidelines.

The assessment should include completion of the Adult Continence Assessment which can be found on the clinical tree within SystmOne. Completing the assessment will promote a decision regarding a provisional diagnosis. This will facilitate a holistic approach; prevent unnecessary difficulties for the patient and promote a trusting relationship between the patient and professional.

See STH policies & procedures for 'Bladder Management & Urinary Catheterisation policy for adults with appendices for further guidance.

The assessment will include:

- Medical history such as allergies, medication and long- term conditions
- Social activities
- Cognition
- Ability to perform activities.
- Self-care abilities.

Patients' and carers needs are likely to change over time and therefore a regular reassessment of products will be required.

Regulation of Prescription Appliances

Prescriptions of continence appliances are classified as medical devices and are regulated by the Medical Devices Agency (MDA). The MDA should be informed of any faulty products following the PCT policy for medical devices. Adverse incidents may be reported using the yellow card forms that may be found in the back of the British National Formulary (BNF) or may be downloaded from the MHRA website www.mhra.gov.uk or reported at Yellow Card Scheme - MHRA.

Supplier Options

Most patients and GP Practices will use the Dispensing Appliance Contractors (DACs). These provide a specialist confidential delivery service. They will often provide a delivery prior to requesting a prescription. The GP practice is under no legal obligation to provide a retrospective prescription to an appliance contractor.

The local pharmacy is likely to provide a confidential delivery service and may already be involved with the patient or carer by providing and possibly delivering prescription medications. It is the patient's choice where they take their prescriptions.

Discuss with the Continence Advisory Service on 2713248 to discuss any of these products or you wish to discuss any alternative products.

Catheters: Indwelling (Foley)

Short Term Foley Catheter				
Product name	Drug Tariff Order Codes	Time can be left in situ	Comments	Cost
Teleflex Medical Rusch PTFE AquaPlate PTFE Coated Latex 10ml balloon	Standard /male length DP310112-DP310118 Sizes 12-18 Female length DP210112-DP2210118 Sizes 12-18	14-28 days	Dispensed with sterile water syringe for balloon inflation and empty syringe Catheter core is latex, check for allergies	£2.30 pack of 1

Suggested Catheters for Long Term Use				
Product name	Drug Tariff Order Codes	Time can be left in situ	Comments	Cost per catheter
Clinisupplies Ltd Prosys All-Silicone Foley	Standard/male length PCF12M10-PCF18M10 Sizes 12-18 Female length PCF12F10-PCF18F10 Sizes 12-18	Average use 3-12 weeks	Dispenses with sterile water filled syringe for balloon inflation and empty syringe for balloon deflation Prescribe for urethral and suprapubic catheterisation.	£5.94 pack of 1
Teleflex Medical Rusch Brilliant Aquaflate All-silicone	Standard/male length DA310112-DA310124 Sizes 12-24 Female length DA210112-DA210124 Sizes 12-24	Average use 3 to 12 weeks	Dispensed with sterile water filled syringe for balloon inflation and empty syringe for balloon deflation. The tip tapers facilitate insertion and removal but may be an issue with problematic encrustation Prescribe for urethral and suprapubic catheterisation	£6.19 pack of 1
Covidien UK Commercial Ltd Dover All Silicone	Standard/male length 8887805120-8887805227 Sizes 22	Average use 3 to 12 weeks	Does not come with a syringe but does have large eyelets for easier drainage	£5.94pack of 1

Coloplast Ltd Folysil X-Tra	Standard/male length AA8A12-AA8A22 Sizes 12-22 Female length	Average use 3-12 weeks	All silicone catheter dispensed with prefilled syringe for balloon inflation and empty syringe for balloon deflation.	£6.72 pack of 1
	AA8B12-AA8B18 Sizes 12-18		Prescribe for urethral and suprapubic catheterisation.	

Specialised Catheters discuss with CAS for further guidance				
Coloplast Ltd Folysil All Silicone catheter (open ended)	Standard/male length AA74-10ml balloon Sizes 12-18	Average use 3 to 12 weeks	Specialised catheter. Prescribe where there is a problem with bypassing (consider anticholinergic medication) as well as encrustation. Open tip may promote improved drainage. Due to potential cuffing of balloon on deflation, remove by 8 weeks for suprapubic use Suprapubic and urethral use	£6.72 pack of 1

LINC Medical Systems Ltd (formerly L.IN.C Medical) Open Tipped	Standard length 08451205W- 5ml balloon 12Ch 08451405W- 5ml balloon 14Ch 08451610- 10ml balloon 16Ch 08451810W- 10ml balloon 18Ch 08452010W- 10ml balloon 20Ch 08452210W- 10ml balloon 22Ch 08452410W- 10ml balloon 24Ch	Average use 3 to 12 weeks 8 weeks for suprapubic	Opened tip for better drainage Easy to remove due to integral balloon deflating flat. Pre-filled syringe with sterile water for balloon inflation as well as an empty syringe for balloon deflation. Comes with a syringe of lidocaine and chlorhexidine – check for allergies Suprapubic and urethral use	£11.36pack of 1
--	--	---	---	-----------------

Lubricant gels to aid comfortable catheter insertion

See:

[STH Bladder management & Catheterisation Policy for Adults](#) [RCN](#)

[Catheter Care Guidelines](#)

Product name	Drug Tariff order codes	Comments	Cost per syringe
--------------	-------------------------	----------	------------------

OptiLube Sterile Lubricating Jelly 6ml syringe for female 11ml syringe for male	1125	Plain lubrication used prior to suprapubic catheter changes	£0.96
	1126	Sterile single use	£1.01
OptiLube Active CHG Free 6ml syringe for female 11ml syringe for male	1167	For urethral catheterisation	£1.06
	1168	To be used prior to catheterisation for adequate activation, wait at least 4 minutes. Contains lidocaine – check for allergies Sterile single use	£1.11

Catheters for Intermittent Self Catheterisation

Single use hydrophilic catheters For clean intermittent self-catheterisation (ICSC)				
Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Cost
C S Bullen Ltd Hi-Slip Hydrophilic Catheter	Standard/male HS.SM4008- HS.SM4022 Size 8-22	Single use only Coating will not reactivate	Dispensed in packs of 30	£30.90 Pack of 30
	Female HS. SF2008-HS.SF2016 Size 8-16		Soak in cold tap water for 30 seconds to activate coating	

Single Use Catheters
Either pre-hydrated or containing a sterile water sachet

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Cost
CS Bullen Ltd Hi-Slip Plus Hydrophilic Catheter with water sachet	Standard/male length HS. PM4008- HS. PM4024 Sizes 8-24 Female length HS. PF2008- HS. PF 2016 Sizes 8-16	Single use only	Dispensed in packs of 30 Hydrated by bursting water sachet Wait 30 seconds for hydration process	£33.11 Pack of 30
Bard Ltd (also includes products formerly listed under Rochester Medical Ltd) Hydrosil	gripper: Standard/male length 73610-73618 Sizes 10-18 rose: Female length 71410-71418 Sizes 10-18	Single use only	Dispensed in packs of 30 Hydrated by bursting water sachet Wait 30 seconds for hydration process	£47.78 Pack of 30 £49.47 Pack of 30
Coloplast Ltd SpeediCath Compact	Female 28576=6Ch 28578=8Ch 28580=10Ch 28582=12Ch 28584=14Ch	Single use only	Lipstick sized product Pre-hydrated	£49.32 Pack of 30 £49.26 Pack of 30

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Cost per pack
B. Braun Medical Ltd Actreen				
Mini Cath	Female length 228008E-228016E Sizes 8-16		Pack of 30	£49.60
Mini Set	Female length 239010E-239014E Sizes 10-14		Pack of 30	£78.36
Hi-Lite	Standard/male length 238208E-238216E Sizes 8-16		Pack of 30	£50.74
	Female length 238306E-238316E Sizes 6-16		Pack of 30	£50.74
Hi- Lite Set	Nelaton 242210E-242218E Sizes 10-18		Pack of 30	£83.27
	Tiemann Tip 242110E-242118E Sizes 10-18		Pack of 30	£83.27

Reusable Catheters – for clean intermittent self-catheterisation (ISC)				
Product Name	Drug Tariff Order Codes	Licensed number of uses	Comments	Cost per pack
Hunter Urology Ltd Emteva	46F12-30-UK Size 12		Intermittent catheter with finger grip and lid.	£42.78pack of 30

Sterile Urine Drainage Bags – Leg Bags

Assess hand dexterity as closure mechanism is either T bar or Lever tap

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per 10 bags
Bard Ltd Urisac Range With lever tap	350ml long tube -7660 350ml short tube 7661 500ml long tube 7662 500ml short tube 7663	5-7 days	Issued in packs of 10 Lever tap closure 1 pair of sterile latex free gloves and 1 pair of soft elasticated straps	£16.21 £15.74 £17.61 £17.13
CliniSupplies Ltd ProSys With slide action tap	350ml 10cm inlet tube P350S 350ml 30cm inlet tube P350L 500ml 10cm inlet tube P500S 500ml 30cm inlet tube P500L	5-7 days	Issued in packs of 10 Includes non-latex sterile gloves	£26.84
LINC Medical (Formerly known as L.IN.C Medical Systems Ltd) LINC-Flo With tap outlet, overnight connector and elastic velcro straps.	350ml direct inlet tube, T-tap LM350SD-T 350ml 10cm inlet tube, T-tap LM350MD-T 500ml direct inlet tube, T-tap LM500SD-T 500ml 10cm inlet tube, T-tap LM500MD-T 500ml 30cm inlet tube, T-tap LM500LD-T	5-7 days	Issued in packs of 10	350ml =£21.23 500ml= £23.15

Catheter Valves

Requires bladder function assessment and holistic assessment of patient to ensure safe and accurate use

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per 5 bags
LINC Medical Systems Ltd (Formerly L.IN.C Medical Systems Ltd) Care-Flo Catheter Valve	CF1	5-7 days	5 per pack	£7.88 for 5
Bard Ltd Flip-Flo	BFF5	5-7 days	5 per pack	£13.99 for 5

2 Litre Urine Drainage Night Bags to Attach Directly to Leg Bag				
Product name	Drug Tariff Order Codes	Licensed number of uses	Comments: attached each night and disposed of in the morning	Price per pack

LINC Medical Systems Ltd (Formerly known as L.IN.C Medical Supplies Ltd) LINC-Flo with 100cm inlet tube, nonreturn valve and twist off tube outlet	LM2LNS	Single use	Pack of 10	£2.22
Clinisupplies Ltd ProSys Non-sterile 2 litre night bag with single use drainage tap	PSU2	Single use	Pack of 10	£3.18
Bard Ltd Uriplan One MT 2 litre with drainage tap	D1MT D1MT30	Single use	Pack of 10 Pack of 30	£3.56 £10.69

2 Litre Urine Drainable Night Bags to Attach Directly to Catheter				
Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per pack
LINC Medical Systems Ltd (Formerly L.IN.C Medical systems Ltd)			Sterile and packaged with nitrile gloves	
LINC-Flo 2 litre drainage bag with T-tap 120cm tube, non-return valve, antibacterial filter, integral handle	TZ02		Packs of 10	£12.61
LINC-Flo 2 litre drainage bag with lever tap 120cm tube, non-return valve, integral handle	TZ02-L		Used for bedfast patients with a longterm catheter who require a weekly catheter bag change	£12.61
LINC-Flo 2 litre urinary drainage bag with T-tap	SLC13			£9.88
LINC-Flo 2 litre urinary drainage bag with lever tap	SLC13-L			£9.88

2 Litre Urine Drainable Night Bags to Attach Directly to Catheter				
Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per pack
<p>Clinisupplies Ltd</p> <p>ProSys sterile 2 litre night bag with 90cm inlet tube, non-return valve, sample port connector, side outlet tap and 1 pair of nonlatex gloves</p>	P2000		Weekly bag changes. Packs of 10	£12.42
<p>Bard Ltd</p> <p>Spirit Bed Bags, 2 litre with 120cm tube length, lever tap, 1 pair of latex free sterile gloves and needle free sample port</p>	DSBB2000		Pack of 10	£11.51

Catheter Draining Suspensory Systems				
Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per pack
Catheter Straps Optimum Medical Solutions Ugo fix	Extra short 35cm 3001 Short 45cm 3002 Medium 80cm 3003 Long 130cm 3009 Extra-long 180cm 3010		Packs of 5 Secures the catheter to the leg	£13.33 £13.33 £14.71 £17.91 £20.04
Leg bag straps Optimum Medical Solutions Ugo fix	45cm and 75cm pairs 3011		Pack of 10 Secures the leg bag to the leg	£13.96
Sleeve leg bag holder Optimum Medical Solutions Ugo fix	Small (24-39cm) 3005 Medium (36-55cm) 3006 Large (40-70cm) 3007 Extra Large (65-90cm) 3008		Pack of 4 Used to secure the leg bag to the leg is straps are not used.	£7.76 £7.76 £7.76 £7.76
Catheter clips Optimum Medical Solutions Ugo fix gentle	3004	Weekly change	Pack of 5 Anchorage of a catheter to, useful to secure a suprapubic catheter to the abdomen.	£13.17

Urinary Drainage Sheaths					
Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per box	
Clear advantage with aloe silicone sheath	Standard: Style 1	For 24 hours	Appropriate training required for correct measurement, fitting, and patient education.	£54.26	
					24mm 1243
					28mm 1283
					32mm 1323
					36mm 1363
	40mm 1403				
	Pop-on: style 2		24mm 2243	Just a few failures with a sheath can be discouraging resulting in rejection of the system.	£54.26
			28mm 2283		
			32mm 2323		
			36mm 2363		
			40mm 2403		
	Wideband: Style 3		24mm 3243	Incorrectly fitting products may cause skin damage, infection, leakage, pressure sores.	£54.26
			28mm 3283		
			32mm 3323		
			36mm 3363		
40mm 3403					
	Good adhesive qualities, the aloe helps to protect the skin. Popon sheath may be used on a mildly retracting penis.				
	30 Per box				

Urinary Drainage Sheaths				
Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per box
Manfred Sauer UK Limited			30 per box	
P-SURE latex free selfadhesive sheath with Residual Free removal and Anti-BlowBack system.			Specialist sheath with anti-urine blow back feature	
			Good fitting instructions	
			Telephone continence service regarding advice about fitting.	
Paediatric Small	18mm 97.18 20mm 97.20 22mm 97.22 24mm 97.24			£50.16
Medium	26mm 97.26 28mm 97.28 30mm 97.30		Include 1 free pubic hair protective cloth.	£50.16
Large	32mm 97.32 35mm 97.35 37mm 97.37			£50.16
Extra large	40mm 97.40			£50.16

Urinary Drainage Sheaths				
Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per box
CliniMed limited BioDerm XLS (Oval)	20026/10	For approximately 3 days	10 per box Specialist sheath, particularly for a retracted penis the hydrocolloid adhesive is applied to the glans of the penis and foreskin and left in place for up to 3 days. Discuss with continence service.	£88.97

Non-sterile Sheath Drainage Leg Bags				
Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per pack
Coloplast Ltd Conveen Security + leg bag 500ml non-sterile	30cm tube 5160 50cm tube 5161	5-7 days	10 per pack Adjustable corrugated tube	£26.75 £26.75

Appliance Management of Faecal Leakage

Anal Plug				
Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per pack
Coloplast Ltd Peristeen Anal Plug	Small 1450 Large 1451	May be left in place for up to 12 hours	Pack of 20 Discuss with continence service	£49.30 £48.29
Renew Medical Inc Renew Insert	Regular FG730 Large FG731		Useful for mucus or small faecal leakage Should not be used for cases of diarrhoea or constipation Pack of 30	£69.38 £69.38

Faecal Collector				
Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per box
Hollister Limited Hollister Faecal Collector 500ml 1 litre	 9822 9821	24 hours or longer	10 per box For bedbound patients	 £48.54 £48.54

Anal Irrigation System – requires full assessment, seek specialist advice prior to prescribing

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per item
Colpolast Ltd Peristeen System (System includes 1 control unit, 2 Cone catheters, 1 water bag, 2 straps, 1 tube)	29160 (including toilet bag) 29161 (excluding toilet bag)	System works 90 times Change every 6 months if irrigating alternate days	Indications: neurogenic bowel: spina bifida multiple sclerosis chronic constipation chronic faecal incontinence DVD plus instruction leaflet available from manufacturer	£79.45
Peristeen Accessory Unit 15 rectal catheters, 1 water bag	29162	Order 1 box per month when irrigating alternate days. Rectal catheters are single use, water bag 15 uses		£138.47
McGregor Healthcare Ltd Qufora Irrigation system Irrisedo Mini System (15 irrigation set) (Contains 1 pump, 15 hydrophilic coated cones, 15 waste bags)	53601-015			£61.22

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per item
B Braun Medical IryPump S Set IryCone + IryPump Container	29120E 29220E 29240			£515.29 £68.49 £44.32
Navina Smart System (System includes 1 control unit, 2 rectal catheters, 1 water container, 1 tube set, 1 accessory set, 1 Navina case)	69009		Simple to use. 2 dials	£315.47

Prescription Urinals

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per item
Beambridge Medical Bridge saddle urinal (female) Bridge urinal (female) Bridge urinal with tap Male Draining Jug Male Draining Jug with tap	6-26 6-18 6-18T 6-50 6-50T	On-going care	Single patient use, standard infection control precautions Single packs	£15.22
Beambridge Male funnel Beambridge Mini funnel male urinal	6-35 6-35M			£14.06
			The tap allows a drainage bag to be attached	

Catheter Maintenance Products

Product name	DrugTariff Order Codes	Licensed number of uses	Comments	Price per item
Bard Ltd		Single use	See Bladder Management and Urinary Catheterisation Policy for Adults	
OptiFlo G 3.23% citric acid 50ml (Suby G)	CSG50		Only used once a reason for blockage has been made and they only help to increase the longevity of the catheter	£3.80
OptiFlo R 6.0% citric acid 50ml (Solution R)	CSR50			£3.80
OptiFlo S 0.9% saline 50ml	CSS50		For bladder irrigation only. May help reduce catheter blockage from blood clots or mucus. Not routinely used	£3.58

Bladder Infusion Kit

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per item
LINC Medical Systems Ltd(Formerly L.IN.C Medical systems Ltd) Bladder Infusion Kit	MCI /701	Single use	The kit is used to ensure the closed drainage system is maintained when instilling the catheter maintenance solution (beneficial if maintenance solutions used more than one a week)	£20.81

Prescribing Guidelines for Continence Appliances

Repeat orders should be for no more than one month's supply to avoid wastage

Appliance	Frequency of change	Recommended monthly quantity	Additional information
Indwelling catheters (Foley)	Up to 12 weeks (long term)	One every three months	Following re-catheterisation, ensure a replacement catheter is prescribed to ensure there are always two catheters in the home
	Up to 4 weeks (medium term)	One (plus one spare) every month	Ensure one spare
Intermittent (single use) catheters (PVC or self-lubricating)	Between 1 – 5 times daily	Average use - 125	All patients to be managed by the specialist continence team
Catheter valves*	Every 5 – 7 days	Five	No more than 5 (one packet)/month
Sheaths	Usually one per day	Thirty	May be left in situ for 24 hours on average.
Leg bags*	Usually one bag every 5 – 7 days	Five	One box of 10 should last 2 months
Night bags* (Drainable)	Usually one bag every 5 – 7 days	Five	One box of 10 should last 2 months

Night bags* (Non-drainable)	One bag per day	Thirty	Use one each night
-----------------------------	-----------------	--------	--------------------

Appliance	Frequency of change	Recommended monthly quantity	Additional information
Miscellaneous			
Catheter retaining straps		One	Pack of 5 4 - 6 months
Catheter bag sleeves		One	Pack of 4 6 months
Drainable dribbling devices **		One	
Incontinence belts	Twice yearly (every 6 months)		Patients require 2 - 1 to wear, 1 to wash
Urinal systems **	Twice yearly (every 6 months)		Patients require 2 - 1 to wear, 1 to wash
Anal plugs	Usually replaced every 12 hours	60	

* All products in this category must be dispensed with a supply of wipes and disposal bags.

** Products marked in the Drug Tariff must be dispensed with a supply of wipes and disposal bags.

Reference

Drug Tariff November 2022.NHS Business Service Authority

<https://www.nhsbsa.nhs.uk/pharmacies-gp-practices-and-appliance-contractors/drug-tariff>

PrescQIPP Community Interest Company <https://www.prescqipp.info/>