

**THE SHEFFIELD AREA PRESCRIBING GROUP**

**Sheffield Integrated Continence Service  
Adult Formulary**

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**Date approved: June 2019**

**Interim minor update July 2021**

**Review Date: June 2022. Review date extended to June 2024**

**Interim review for prices: June 2022**

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## Introduction

### Objectives of formulary:

- The goal is to simplify prescribing of continence prescription appliance products across NHS Sheffield CCG. This will involve good quality, effective products. Choices have been balanced gauging effectiveness and value for money.
- The formulary of products has been selected by balancing patient requirements, commonly used products, and the NHS Sheffield CCG Medicines Management Team premise that 80% of patients in the community will find the products chosen quite satisfactory for their needs. This is a guideline; therefore, patient and carer's clinical needs may be accommodated if the suggested products are not satisfactory. Prescribers and other professionals need to be aware of alternative options for when the baseline formulary is found to not be appropriate.
- The products have been chosen based on experience and collaboration between the Continence Advisory Service (CAS), the Care Homes Team, Community Nurses, and the Medicines Optimisation Team.

## Prescribing Guidelines

When prescribing, ensure details are accurate and include:

- Manufacturer and brand
- Drug Tariff order codes
- Correct size and length
- Type
- Quantity: see comment box on charts to identify ordering volumes. Aim to provide products to last a month
- Gender, for when prescribing catheters as accuracy of the length is essential.

Making choices for patients and their carers should involve a holistic assessment taking into consideration physical, psychological, social, and religious or faith beliefs and sexuality. Therefore, this needs to be a collaborative process based on informed consent, dignity, respect, and patient's clinical needs. This is inclusive of infection control guidelines.

The assessment should include completion of the Adult Continence Assessment which can be found on the clinical tree within SystmOne. Completing the assessment will promote a decision regarding a provisional diagnosis. This will facilitate a holistic approach; prevent unnecessary difficulties for the patient and promote a trusting relationship between the patient and professional.

See STH policies & procedures for 'Bladder Management & Urinary Catheterisation policy for adults with appendices for further guidance.

The assessment will include:

- Medical history such as allergies, medication and long- term conditions
- Social activities
- Cognition
- Ability to perform activities.
- Self-care abilities.

Patients' and carers needs are likely to change over time and therefore a regular reassessment of products will be required.

## Regulation of Prescription Appliances

Prescriptions of continence appliances are classified as medical devices and are regulated by the Medical Devices Agency (MDA). The MDA should be informed of any faulty products following the PCT policy for medical devices. Adverse incidents may be reported using the yellow card forms that may be found in the back of the British National Formulary (BNF) or may be downloaded from the MHRA website [www.mhra.gov.uk](http://www.mhra.gov.uk) or reported at [Yellow Card Scheme - MHRA](#).

## **Supplier Options**

Most patients and GP Practices will use the Dispensing Appliance Contractors (DACs). These provide a specialist confidential delivery service. They will often provide a delivery prior to requesting a prescription. The GP practice is under no legal obligation to provide a retrospective prescription to an appliance contractor.

The local pharmacy is likely to provide a confidential delivery service and may already be involved with the patient or carer by providing and possibly delivering prescription medications. It is the patient's choice where they take their prescriptions.

Discuss with the Continence Advisory Service on 2713248 to discuss any of these products or you wish to discuss any alternative products.

## Catheters: Indwelling (Foley)

<b>Short Term Foley Catheter</b>				
Product name	Drug Tariff Order Codes	Time can be left in situ	Comments	Cost
Teleflex Medical Rusch PTFE AquaFlate PTFE Coated Latex 10ml balloon	Standard /male length DP310112-DP310118 Sizes 12-18  Female length DP210112-DP2210118 Sizes 12-18	14-28 days	Dispensed with sterile water syringe for balloon inflation and empty syringe  <b>Catheter core is latex, check for allergies</b>	<b>£2.27 pack of 1</b>

### Suggested Catheters for Long Term Use

Product name	Drug Tariff Order Codes	Time can be left in situ	Comments	Cost per catheter
Clinisupplies Ltd  <b>Prosys All-Silicone Foley</b>	Standard/male length PCF12M10-PCF18M10 Sizes 12-18  Female length PCF12F10-PCF18F10 Sizes 12-18	Average use 3-12 weeks	Dispenses with sterile water filled syringe for balloon inflation and empty syringe for balloon deflation  <b>Prescribe for urethral and suprapubic catheterisation.</b>	<b>£5.87 pack of 1</b>
Teleflex Medical  <b>Rusch Brilliant Aquaflate All-silicone</b>	Standard/male length DA310112-DA310124 Sizes 12-24  Female length DA210112DA210124 Sizes 12-24	Average use 3 to 12 weeks	Dispensed with sterile water filled syringe for balloon inflation and empty syringe for balloon deflation.  The tip tapers facilitate insertion and removal but may be an issue with problematic encrustation  <b>Prescribe for urethral and suprapubic catheterisation</b>	£6.11 pack of 1
Covidien UK Commercial Ltd  <b>Dover All Silicone</b>	Standard/male length 8887805120-8887805227 Sizes 12-22	Average use 3 to 12 weeks	Does not come with a syringe but does have large eyelets for easier drainage	£7.13 pack of 1
Coloplast Ltd  <b>Folysil X-Tra</b>	Standard/male length AA8A12-AA8A22 Sizes 12-22  Female length	Average use 3-12 weeks	All silicone catheter dispensed with prefilled syringe for balloon inflation and empty syringe for balloon deflation.	£6.64 pack of 1

AA8B12-AA8B18  
 Sizes 12-18

**Prescribe for urethral and  
 suprapubic catheterisation.**

**Specialised Catheters  
 discuss with CAS for further guidance**

<p>Coloplast Ltd   <b>Folysil All          Silicone          catheter          (open ended)</b></p>	<p>Standard/male          length          AA74-10ml          balloon          Sizes 12-18</p>	<p>Average use 3 to 12 weeks</p>	<p>Specialised catheter. Prescribe where there is a problem with bypassing (consider anticholinergic medication) as well as encrustation. Open tip may promote improved drainage.</p> <p>Due to potential cuffing of balloon on deflation, remove by 8 weeks for suprapubic use</p> <p><b>Suprapubic and urethral use</b></p>	<p>£6.64          pack of 1</p>
<p>LINC Medical          Systems Ltd          (formerly          L.IN.C          Medical)  <b>Open Tipped</b></p>	<p>Standard length          08451205W- 5ml          balloon 12Ch          08451405W- 5ml          balloon 14Ch          08451610- 10ml          balloon 16Ch          08451810W- 10ml          balloon 18Ch          08452010W- 10ml          balloon 20Ch          08452210W- 10ml          balloon 22Ch          08452410W- 10ml          balloon 24Ch</p>	<p>Average use 3 to 12 weeks           8 weeks for suprapubic</p>	<p>Opened tip for better drainage          Easy to remove due to integral balloon deflating flat.</p> <p>Pre-filled syringe with sterile water for balloon inflation as well as an empty syringe for balloon deflation.          Comes with a syringe of lidocaine and chlorhexidine – check for allergies</p> <p><b>Suprapubic and urethral use</b></p>	<p>£11.22          pack of 1</p>



### Lubricant gels to aid comfortable catheter insertion

See:

[STH Bladder management & Catheterisation Policy for Adults](#)

[RCN Catheter Care Guidelines](#)

Product name	Drug Tariff order codes	Comments	Cost per syringe
<b>OptiLube Sterile Lubricating Jelly</b> 6ml syringe for female	1125	Plain lubrication used prior to suprapubic catheter changes	<b>£0.95</b>
11ml syringe for male	1126	Sterile single use	<b>£1.00</b>
<b>OptiLube Active CHG Free</b> 6ml syringe for female	1167	For urethral catheterisation	£1.05
11ml syringe for male	1168	To be used prior to catheterisation for adequate activation, wait at least 4 minutes.  Contains lidocaine – check for allergies  Sterile single use	£1.10

## Catheters for Intermittent Self Catheterisation

Single use hydrophilic catheters For clean intermittent self-catheterisation (ICSC)				
Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Cost
C S Bullen Ltd <b>Hi-Slip Hydrophilic Catheter</b>	Standard/male HS.SM4008- HS.SM4022 Size 8-22	Single use only Coating will not reactivate	Dispensed in packs of 30	<b>£30.90</b> Pack of 30
	Female HS. SF2008-HS.SF2016 Size 8-16		Soak in cold tap water for 30 seconds to activate coating	

**Single Use Catheters**  
**Either pre-hydrated or containing a sterile water sachet**

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Cost
CS Bullen Ltd <b>Hi-Slip Plus</b> Hydrophilic Catheter with water sachet	Standard/male length HS. PM4008- HS. PM4024 Sizes 8-24  Female length HS. PF2008- HS. PF 2016 Sizes 8-16	Single use only	Dispensed in packs of 30  Hydrated by bursting water sachet  Wait 30 seconds for hydration process	<b>£33.11</b> Pack of 30
Bard Ltd (also includes products formerly listed under Rochester Medical Ltd)  <b>Hydrosil</b>	gripper: Standard/male length 73610-73618 Sizes 10-18  rose: Female length 71410-71418 Sizes 10-18	Single use only	Dispensed in packs of 30  Hydrated by bursting water sachet  Wait 30 seconds for hydration process	£47.19 Pack of 30  £48.86 Pack of 30
Coloplast Ltd <b>SpeediCath Compact</b>	Female 28576=6Ch  28578=8Ch 28580=10Ch 28582=12Ch 28584=14Ch	Single use only	Lipstick sized product  Pre-hydrated	£48:71 Pack of 30  £48:66 Pack of 30

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Cost per pack
<b>B. Braun Medical Ltd Actreen</b>				
<b>Mini Cath</b>	Female length 228008E-228016E Sizes 8-16		Pack of 30	£45.78
<b>Mini Set</b>	Female length 239010E-239014E Sizes 10-14		Pack of 30	£72.33
<b>Hi-Lite</b>	Standard/male length 238208E-238216E Sizes 8-16		Pack of 30	£46.83
	Female length 238306E-238316E Sizes 6-16		Pack of 30	£46.83
<b>Hi- Lite Set</b>	Nelaton 242210E-242218E Sizes 10-18		Pack of 30	£76.86
	Tiemann Tip 242110E-242118E Sizes 10-18		Pack of 30	£76.86

**Reusable Catheters – for clean intermittent self-catheterisation (ISC)**

Product Name	Drug Tariff Order Codes	Licensed number of uses	Comments	Cost per pack
Hunter Urology Ltd  <b>Emteva</b>	46F12-30-UK  Size 12		Intermittent catheter with finger grip and lid.	£42.20 pack of 30

### Sterile Urine Drainage Bags – Leg Bags

Assess hand dexterity as closure mechanism is either T bar or Lever tap

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per 10 bags
Bard Ltd <b>Urisac Range</b> <b>With lever tap</b>	350ml long tube -7660	5-7 days	Issued in packs of 10  Lever tap closure  1 pair of sterile latex free gloves and 1 pair of soft elasticated straps	<b>£16.01</b>
	350ml short tube 7661			<b>£15.54</b>
	500ml long tube 7662			<b>£17.40</b>
	500ml short tube 7663			<b>£16.92</b>
CliniSupplies Ltd <b>ProSys</b> <b>With slide action tap</b>	350ml 10cm inlet tube P350S 350ml 30cm inlet tube P350L 500ml 10cm inlet tube P500S 500ml 30cm inlet tube P500L	5-7 days	Issued in packs of 10  Includes non-latex sterile gloves	£26.51
LINC Medical (Formerly known as L.IN.C Medical Systems Ltd)  LINC-Flo With tap outlet, overnight connector and elastic velcro straps.	350ml direct inlet tube, T-tap LM350SD-T 350ml 10cm inlet tube, T-tap LM350MD-T 500ml direct inlet tube, T-tap LM500SD-T 500ml 10cm inlet tube, T-tap LM500MD-T 500ml 30cm inlet tube, T-tap LM500LD-T	5-7 days	Issued in packs of 10	350ml =£21.23  500ml= £22.82

## Catheter Valves

**Requires bladder function assessment and holistic assessment of patient to ensure safe and accurate use**

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per 5 bags
LINC Medical Systems Ltd  (Formerly L.IN.C Medical Systems Ltd)  <b>Care-Flo</b> Catheter Valve	CF1	5-7 days	5 per pack	<b>£7.78 for 5</b>
Bard Ltd  <b>Flip-Flo</b>	BFF5	5-7 days	5 per pack	£13.81 for 5

**2 Litre Urine Drainage Night Bags to Attach Directly to Leg Bag**

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments: attached each night and disposed of in the morning	Price per pack
LINC Medical Systems Ltd (Formerly known as L.IN.C Medical Supplies Ltd)  LINC-Flo with 100cm inlet tube, non-return valve and twist off tube outlet	LM2LNS	Single use	Pack of 10	<b>£2.18</b>
Clinisupplies Ltd ProSys Non-sterile 2 litre night bag with single use drainage tap	PSU2	Single use	Pack of 10	£3.14
Bard Ltd Uriplan One MT  2 litre with drainage tap	D1MT  D1MT30	Single use	Pack of 10  Pack of 30	£3.52  £10.55



**2 Litre Urine Drainable Night Bags to Attach Directly to Catheter**

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per pack
LINC Medical Systems Ltd (Formerly L.IN.C Medical systems Ltd)			Sterile and packaged with nitrile gloves	
LINC-Flo 2 litre drainage bag with T-tap 120cm tube, non-return valve, antibacterial filter, integral handle	TZ02		Packs of 10  Used for bedfast patients with a long-term catheter who require a weekly catheter bag change	£12.45
LINC-Flo 2 litre drainage bag with lever tap 120cm tube, non-return valve, integral handle	TZ02-L			£12.45
LINC-Flo 2 litre urinary drainage bag with T-tap	SLC13			£9.75
LINC-Flo 2 litre urinary drainage bag with lever tap	SLC13-L			£9.75

**2 Litre Urine Drainable Night Bags to Attach Directly to Catheter**

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per pack
Clinisupplies Ltd  ProSys sterile 2 litre night bag with 90cm inlet tube, non-return valve, sample port connector, side outlet tap and 1 pair of non-latex gloves	P2000		Weekly bag changes. Packs of 10	£12.27
Bard Ltd  Spirit Bed Bags, 2 litre with 120cm tube length, lever tap, 1 pair of latex free sterile gloves and needle free sample port	DSBB2000		Pack of 10	£11.36

### Catheter Draining Suspensory Systems

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per pack
<b>Catheter Straps</b> Optimum Medical Solutions Ugo fix	Extra short 35cm 3001		Packs of 5	£13.16
	Short 45cm 3002			£13.16
	Medium 80cm 3003		Secures the catheter to the leg	£14.53
	Long 130cm 3009			£17.69
	Extra-long 180cm 3010			£19.79
<b>Leg bag straps</b> Optimum Medical Solutions Ugo fix	45cm and 75cm pairs 3011		Pack of 10  Secures the leg bag to the leg	£13.79
<b>Sleeve leg bag holder</b>  Optimum Medical Solutions Ugo fix	Small (24-39cm) 3005 Medium (36-55cm) 3006 Large (40-70cm) 3007 Extra Large (65-90cm) 3008		Pack of 4  Used to secure the leg bag to the leg is straps are not used.	£7.66 £7.66 £7.66 £7.66
<b>Catheter clips</b> Optimum Medical Solutions Ugo fix gentle	3004	Weekly change	Pack of 5  Anchorage of a catheter to, useful to secure a suprapubic catheter to the abdomen.	£13.00

### Urinary Drainage Sheaths

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per box				
<b>Clear advantage with aloe silicone sheath</b>	<b>Standard: Style 1</b> 24mm 1243 28mm 1283 32mm 1323 36mm 1363 40mm 1403	For 24 hours	Appropriate training required for correct measurement, fitting, and patient education.	£53.59				
			Just a few failures with a sheath can be discouraging resulting in rejection of the system.					
			<b>Pop-on: style 2</b> 24mm 2243 28mm 2283 32mm 2323 36mm 2363 40mm 2403		Always assess patient for penile retraction to assess for appropriate sheath.	£53.59		
					<b>Wideband: Style 3</b> 24mm 3243 28mm 3283 32mm 3323 36mm 3363 40mm 3403		Incorrectly fitting products may cause skin damage, infection, leakage, pressure sores.	£53.59
							Good adhesive qualities, the aloe helps to protect the skin. Pop-on sheath may be used on a mildly retracting penis.	
	30 Per box							

### Urinary Drainage Sheaths

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per box
Manfred Sauer UK Limited			30 per box	
<b>P-SURE</b> latex free self-adhesive sheath with Residual Free removal and Anti-Blow-Back system.			Specialist sheath with anti-urine blow back feature	
			Good fitting instructions	
			Telephone continence service regarding advice about fitting.	
Paediatric Small	18mm 97.18 20mm 97.20 22mm 97.22 24mm 97.24			£49.54
Medium	26mm 97.26 28mm 97.28 30mm 97.30		Include 1 free pubic hair protective cloth.	£49.54
Large	32mm 97.32 35mm 97.35 37mm 97.37			£49.54
Extra large	40mm 97.40			£49.54

### Urinary Drainage Sheaths

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per box
CliniMed limited  <b>BioDerm XLS (Oval)</b>	20026/10	For approximately 3 days	10 per box  Specialist sheath, particularly for a retracted penis the hydrocolloid adhesive is applied to the glans of the penis and foreskin and left in place for up to 3 days. Discuss with continence service.	£87.87

### Non-sterile Sheath Drainage Leg Bags

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per pack
Coloplast Ltd  <b>Conveen Security + leg bag</b> 500ml non-sterile	30cm tube 5160 50cm tube 5161	5-7 days	10 per pack  Adjustable corrugated tube	£26.42 £26.42

### Appliance Management of Faecal Leakage

<b>Anal Plug</b>				
Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per pack
Coloplast Ltd <b>Peristeen Anal Plug</b>	Small 1450 Large 1451	May be left in place for up to 12 hours	Pack of 20  Discuss with continence service  Useful for mucus or small faecal leakage Should not be used for cases of diarrhoea or constipation	£48.69 £47.69
Renew Medical Inc <b>Renew Insert</b>	Regular FG730 Large FG731		Pack of 30	£68.53 £68.53

<b>Faecal Collector</b>				
Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per box
Hollister Limited <b>Hollister Faecal Collector</b>		24 hours or longer	10 per box  For bedbound patients	
500ml 1 litre	9822 9821			£47.94 £47.94

**Anal Irrigation System – requires full assessment, seek specialist advice prior to prescribing**

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per item
Colpolast Ltd  <b>Peristeen System</b> (System includes 1 control unit, 2 rectal catheters, 1 water bag, 2 straps)	29121	System works 90 times  Change every 6 months if irrigating alternate days	Indications: neurogenic bowel: spina bifida multiple sclerosis chronic constipation chronic faecal incontinence	£79.45
Peristeen Accessory Unit 15 rectal catheters, 1 water bag	29122	Order 1 box per month when irrigating alternate days. Rectal catheters are single use, water bag 15 uses	DVD plus instruction leaflet available from manufacturer	£138.47
McGregor Healthcare Ltd  <b>Qufora Irrigation system</b> <b>Irrisedo Mini System</b> (15 irrigation set) (Contains 1 pump, 15 hydrophilic coated cones, 15 waste bags)	53601-015			£60.46



Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per item
<b>B Braun Medical</b>  <b>IryPump S Set</b> <b>IryCone +</b> <b>IryPump Container</b>	29120E 29220E 29240			£515.29 £63.22 £43.77
<b>Navina Smart System</b>  (System includes 1 control unit, 2 rectal catheters, 1 water container, 1 tube set, 1 accessory set, 1 Navina case)	69009		Simple to use. 2 dials	£311.57

### Prescription Urinals

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per item
<b>Beambridge Medical</b>  <b>Bridge saddle urinal</b> (female) <b>Bridge urinal</b> (female) Bridge urinal with tap Male Draining Jug Male Draining Jug with tap	6-26 6-18 6-18T 6-50 6-50T	On-going care	Single patient use, standard infection control precautions  Single packs	£15.03
<b>Beambridge</b> <b>Male funnel</b> <b>Beambridge</b> <b>Mini funnel male urinal</b>	6-35 6-35M			£13.89
			The tap allows a drainage bag to be attached	

### Catheter Maintenance Products

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per item
Bard Ltd		Single use	<a href="#">See Bladder Management and Urinary Catheterisation Policy for Adults</a>	
<b>OptiFlo G</b> 3.23% citric acid 50ml (Suby G)	CSG50		Only used once a reason for blockage has been made and they only help to increase the longevity of the catheter	£3.75
<b>OptiFlo R</b> 6.0% citric acid 50ml (Solution R)	CSR50  CSS50			£3.75
<b>OptiFlo S</b> 0.9% saline 50ml			For bladder irrigation only. May help reduce catheter blockage from blood clots or mucus. Not routinely used	£3.53

### Bladder Infusion Kit

Product name	Drug Tariff Order Codes	Licensed number of uses	Comments	Price per item
LINC Medical Systems Ltd(Formerly L.IN.C Medical systems Ltd)  <b>Bladder Infusion Kit</b>	MCI /701	Single use	The kit is used to ensure the closed drainage system is maintained when instilling the catheter maintenance solution (beneficial if maintenance solutions used more than one a week)	£20.56

## Prescribing Guidelines for Continence Appliances

Repeat orders should be for no more than one month`s supply to avoid wastage

Appliance	Frequency of change	Recommended monthly quantity	Additional information
Indwelling catheters (Foley)	Up to 12 weeks (long term)	One every three months	Following re-catheterisation, ensure a replacement catheter is prescribed to ensure there are always two catheters in the home
	Up to 4 weeks (medium term)	One (plus one spare) every month	Ensure one spare
Intermittent (single use) catheters (PVC or self-lubricating)	Between 1 – 5 times daily	Average use - 125	All patients to be managed by the specialist continence team
Catheter valves*	Every 5 – 7 days	Five	No more than 5 (one packet)/month
Sheaths	Usually one per day	Thirty	May be left in situ for 24 hours on average.
Leg bags*	Usually one bag every 5 – 7 days	Five	One box of 10 should last 2 months
Night bags* (Drainable)	Usually one bag every 5 – 7 days	Five	One box of 10 should last 2 months

Night bags* (Non-drainable)	One bag per day	Thirty	Use one each night
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Appliance	Frequency of change	Recommended monthly quantity	Additional information
<b>Miscellaneous</b>			
Catheter retaining straps		One	Pack of 5 4 - 6 months
Catheter bag sleeves		One	Pack of 4 6 months
Drainable dribbling devices **		One	
Incontinence belts	Twice yearly (every 6 months)		Patients require 2 - 1 to wear, 1 to wash
Urinal systems **	Twice yearly (every 6 months)		Patients require 2 - 1 to wear, 1 to wash
Anal plugs	Usually replaced every 12 hours	60	

\* All products in this category must be dispensed with a supply of wipes and disposal bags.

\*\* Products marked in the Drug Tariff must be dispensed with a supply of wipes and disposal bags.

## **Reference**

Drug Tariff July 2021.NHS Business Service Authority

<https://www.nhsbsa.nhs.uk/pharmacies-gp-practices-and-appliance-contractors/drug-tariff>

PrescQIPP Community Interest Company

<https://www.prescqipp.info/>