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03 July 2020

Dear Prescriber,

Re: TTO – discharge medication/ oral nutritional supplement prescribing.

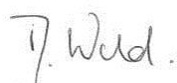
Oral nutritional supplements on TTOs is a cause of concern for Practice Pharmacists and GPs. Often the patients are unknown to the hospital dietitians whilst in hospital.

Where patients have been seen by the hospital dietitians, following assessment a nutritional care plan is devised, implemented, monitored and reviewed. If nutritional supplements are still required at discharge the dietitian would then send a detailed letter to the GP to make this request. The letter should contain monitoring and review details and/or give guidance to the GP about the period of time that the supplement is likely to be needed for.

It is therefore suggest, that during post discharge processing, TTOs containing oral nutritional supplements are not transcribed onto repeat prescription unless there is a supporting letter from the dietitian. Patients should instead be assessed using the Malnutrition Universal Screen Tool (MUST) and the malnutrition care pathway (available on the CCG intranet site) followed.

Please do not hesitate in contacting me if you have any queries regarding this; dianne.wild1@nhs.net

Yours sincerely



Dianne Wild
Registered Dietitian – Advanced Practitioner
Medicines Management Team
Work 08.00 – 16.00 normally Tuesday, Thursday and alternate Fridays



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