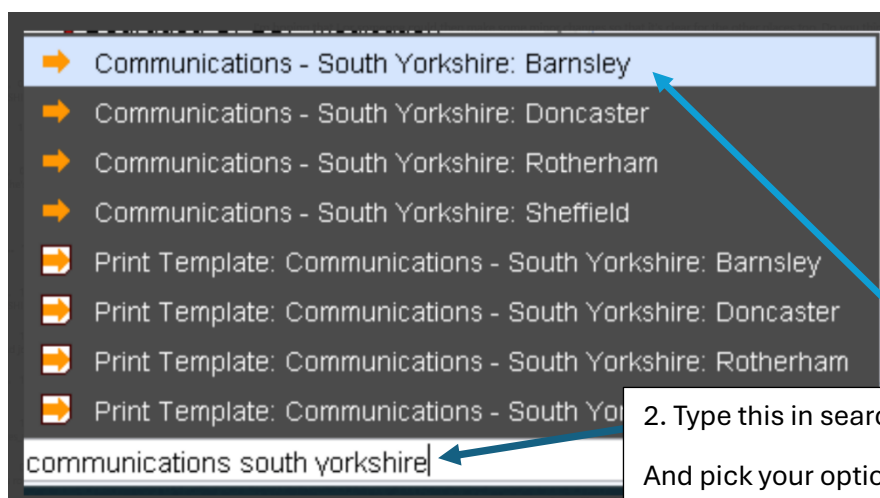


How to guide to locate referral form for referral to Weight management Wrap Round Care (Behavioural Support for Obesity Prescribing) in South Yorkshire – July 2026

NB: The ICB has requested for these forms to be updated through Ardens however there may be a short delay until updates appear. To ensure you have the right form at the end of this process, check that the email address is healthieryou.syandb@nhs.net and that the eligibility includes cohort 2 (BMI >35 and 4 or more weight related comorbidities).

SystemOne

1. Go to search bar on the lower left to quickly locate or if used regularly add to your tool bar.



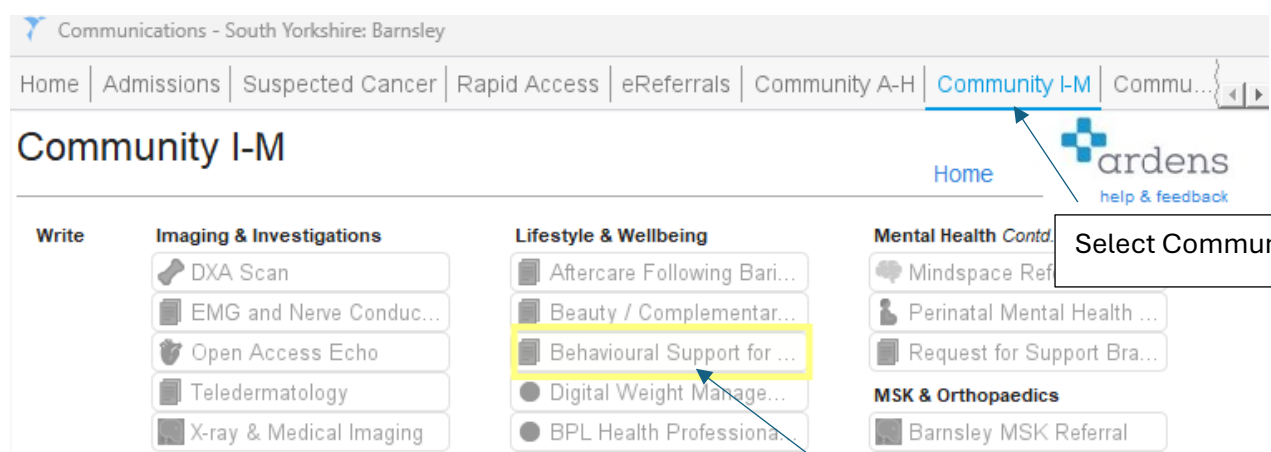
2. Type this in search box

And pick your option

Communication – **South Yorkshire: YOUR PLACE.**

3. Select and a template will open up

i) Barnsley



Select Community I-M

Click on Behavioural support button

ii) Doncaster

Communications - South Yorkshire: Doncaster

Home | Admission | Suspected Cancer | Rapid Access | eReferrals | **Community A-L** | Community M-O | Commu...

Community A-L

Write:

- Cardiovascular**
 - New Suspected Heart F...
 - RDASH AQP - 24 Hour ...
 - RDASH Arrhythmia Ser...
 - RDASH Cardiac And Pa...
 - RDASH - Cardiac Rehab
 - RDASH Heart Failure N...
- COVID-19**
 - Complex Covid Vaccina...
 - COVID CMDU PCS
 - Moving Forward Long C...
- Diabetes & Endocrinology Contd.**
 - NDPP GDM Patient Letter
 - RDASH Community Dia...
 - T2DR Invitation Letter
 - T2DR Path to Remission
 - T2DR Flyer**
 - X-PERT Programme
- Dietetics & Nutrition**
 - Dietician
 - Dietetic Service Adult
 - Dietic Referral - RDASH
- Gynae & Obs / Pregnancy**
 - Endometrial Pipelle Bio...
 - Non fast track colposcopy
- Investigations**
 - Rotherham Diagnostic ...
- Learning Disabilities**
 - Cardiff Health Check LD
 - Learning Disability Servi...
- Lifestyle & Wellbeing**
 - Behavioural Support for ...**
 - Digital Weight Manage...

Home | **ardens** | help & feedback

Select Community A-L

Click on Behavioural support button

iii) Rotherham

Communications - South Yorkshire: Rotherham

Home | Admission | Suspected Cancer | Rapid Access | eReferrals | **Community A - L** | Community M - O | Com...

Community A - L

1. Write

- Adult ADHD/ASD Assessments**
 - ADHD Adult
 - ADHD & Autism Service...
 - Autism Diagnostic Asse...
 - Autism Spectrum Quoti...
- COVID-19**
 - COVID C... Long CO...
 - Long Covi... Long CO...
 - Paediatric... Long CO...
- Dietetics & Nutrition**
 - Dietetic E-Referral Form
 - Dietetic Infant Feeding r...
 - Dietician Care Homes
 - Nutrition & Dietetic Serv...
- Ear, Nose & Throat**
 - Earwax Irrigation - Prim...
 - Professional Eyes & Ears
 - SALT Adult
- Learning Disabilities**
 - Adult LD Annual Health ...
 - Health Referral - Known ...
 - Health Referral All Servi...
- Lifestyle & Wellbeing**
 - Active for Health
 - BACPR GP Referral
 - Bariatric Surgery Follow...
 - Behavioural Support for ...**
 - Digital Weight Manage...

Home | **ardens** | help & feedback

Select Community A-L

Click on Behavioural support button

iv) Sheffield

Changing the consultation date will affect all other data entered. To avoid this, cancel and press the 'Cancel' button.

Home | Admissions | Suspected Cancer | Rapid Access | eReferrals | Community A-F | **Community G-N** | Co...

Community G-N

Write

- General Medicine / Surgery**
 - Ambulatory Wound C...
 - Carpal Tunnel
 - LCD - Meds Adjustme...
 - Lipid Clinic
 - Lymphoedema - Mac...
 - SPA Phlebotomy
 - Sub-cut Fluid Request
 - Subcutaneous Fluid
- Gynae & Obs / Pregnancy**
 - Antenatal Care First ...
 - Gynae Cervical Polyp ...
- Investigations Contd.**
 - ECG Referral - 24 Hour
- Learning Disabilities**
 - ADHD Adult Referral
 - ADHD & Autism Child
 - Adult Autism & Neuro...
 - Comm. Learning Disa...
- Lifestyle & Wellbeing**
 - Behavioural Support f...**
 - Likewise Referral
 - MoreLife Sheffield
 - Smokefree - Sheffield
- Mental Health Contd.**
 - Perinatal MH - SCT/R...
 - Respiratory MH - Shef...
 - Specialist Psychother...
 - South Adult CMHT - S...
- MSK & Orthopaedics**
 - Comm. Orthotic
 - MSK - Sheffield
- Neurology**
 - Age UK Dementia Act...
 - Alzheimer Short Ter...
 - Dementia Support - ...

Home | **ardens** | help & feedback

Select Community G-N

Click on Behavioural support button

- This should auto-select the correct option for you to generate the referral form

In cases where you have to self-select search on BSOP:

Name	Category	Description
Behavioural Support for Obesity - BSOP	Ardens / Referrals Northampton	NHANT032 / NOTTS029 Northamptonshire, Nottingham Checked KY (28/07/25)
Behavioural Support for Obesity Prescribing Programme - XYLA - BSOP	Ardens / Referrals Lincolnshire South West	LINC081a South West, East, West & South Lincolnshire
BSOP - Behavioural Support for Obesity Prescribing Programme - XYLA	Ardens / Referrals Devon	DEV125 Devon
BSOP - Tirzepatide Primary Care Pathway	Ardens / Referrals Hertfordshire	HWEICB012a East & North Hertfordshire, West Essex WE - don't want BSOP at start of form on template CLOS089
BSOP for Weight Management: Healthier you	Ardens / Referrals Cornwall and IOS	Cornwall
Healthier You - Behavioural Support for Obesity Prescribing - BSOP - SY Referral Form	Sheffield Referrals / paper referral	Healthier You: NHS Behavioural Support for Obesity Prescribing – Tirzepatide (Mounjaro®) For Weight Management (Wrap-around Support). Updated Jan 2026
Healthier You - BSOP Behavioural Support for Obesity Prescribing Referral	Ardens / Referrals Surrey	SH096 Surrey Heartlands Checked KY (24/06/25)
NENC - BSOP Behavioural Support for Obesity Prescribing	Ardens / Referrals North Tyneside	NENC002 North Tyneside, Northumberland, Newcastle, Tees Valley, County Durham

pick SY Referral Healthier you. BSOP

- A referral form should then auto-populate some details (others will need adding manually).

Healthier You: NHS Behavioural Support for Obesity Prescribing – Tirzepatide (Mounjaro®) For Weight Management (Wrap-around Support).

If downloading, please e-mail the completed form to: healthieryou.syandb@nhs.net

Patient Referral Criteria

The patient has been referred for behavioural support in line with the NHS England Funding Variation for Cohort 1, as outlined in the NHS England [Interim Commissioning Guidance](#).

Tirzepatide (Mounjaro®) is licenced for use in weight management in conjunction with wrap around support, which incorporates nutritional advice as a minimum and access to behavioural change components, as a mandatory requirement to access treatment.

Patient Details

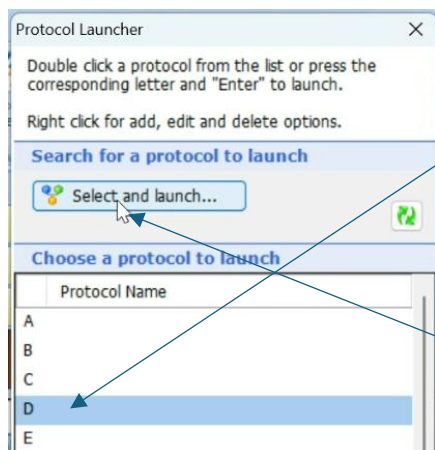
- Once completed send back the form to the email above.
- Configure Tool Bar can be done by amending the button set and searching for Communication South Yorkshire – Sheffield and then adding the option to your chosen bar.

It will then display as an orange arrow.

EMIS

To find the form:

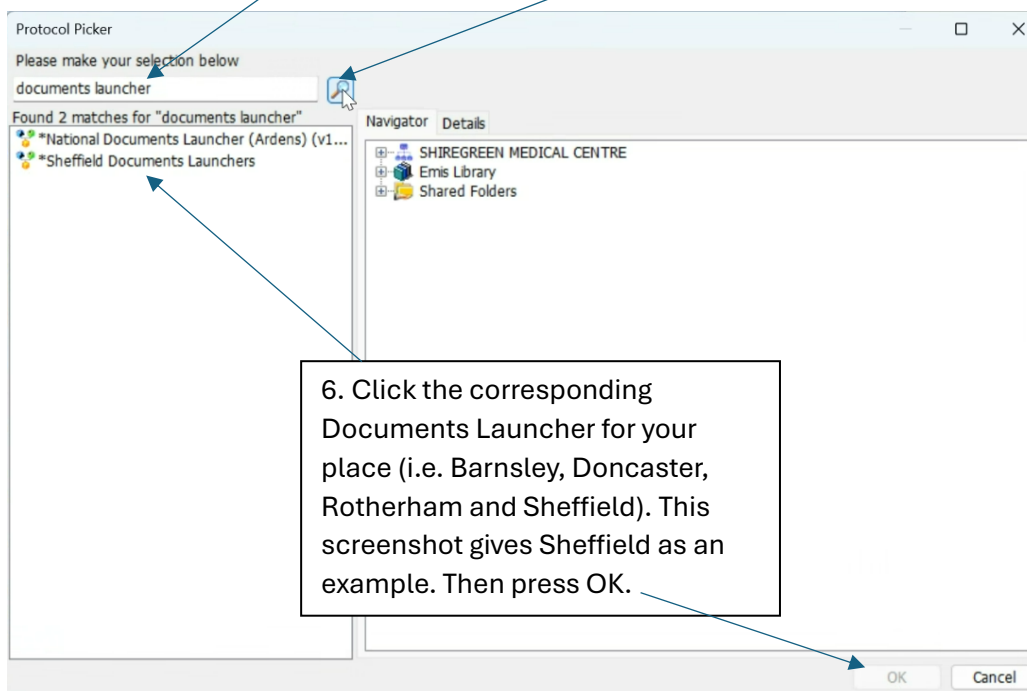
1. Press F12 on a desktop computer or the function button + F12 on a laptop
2. This will bring up the protocol launcher.



3. Click "D" for documents

4. Click "Select and launch"

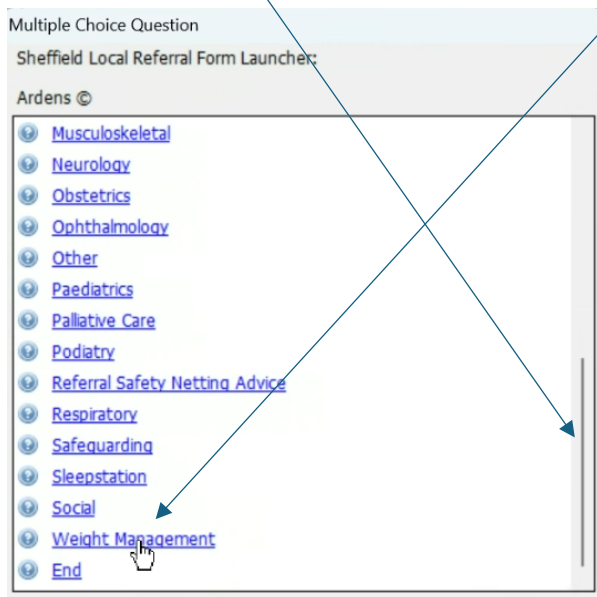
5. Type "documents launcher" and click search.



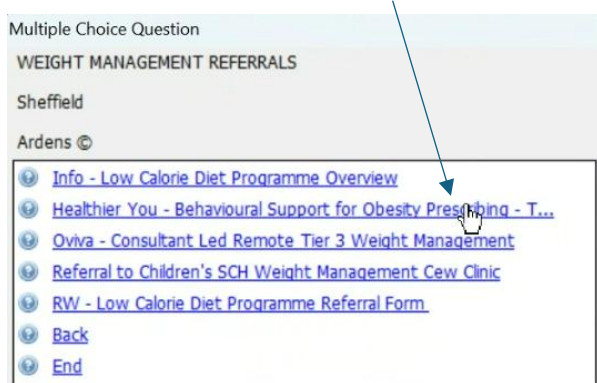
6. Click the corresponding Documents Launcher for your place (i.e. Barnsley, Doncaster, Rotherham and Sheffield). This screenshot gives Sheffield as an example. Then press OK.

7. A multiple choice question pop up will open

Scroll down to weight management and select weight management



8. Choose “Healthier You – Behavioural Support for Obesity Prescribing”



9. A referral form should then auto-populate some details (others will need adding manually).

Healthier You: NHS Behavioural Support for Obesity Prescribing – Tirzepatide (Mouniario®) For Weight Management (Wrap-around Support).

If downloading, please e-mail the completed form to: healthieryou_syandb@nhs.net

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Patient Details

10. Once completed send back the form to the email above.

If you have any questions about the service, please contact the service via
healthieryou.syandb@nhs.net

If you have any questions about the form, please contact us via the IT Self Service Portal link:
<https://servicedesk.sheffield.nhs.uk>